

Understanding Sikhism: A Year 5 Assessment

Learning objective: To demonstrate knowledge and understanding of the key beliefs, practices, and history of the Sikh faith.

Read each question carefully. Use your knowledge of Sikhism to provide clear and accurate answers. Write in full sentences where required.

Sikhism began in the Punjab region of India over 500 years ago. It is a monotheistic religion, which means Sikhs believe in one God. The religion was founded by Guru Nanak. Today, Sikhs follow the teachings of the Guru Granth Sahib, which is their holy book. Central to the Sikh faith is the importance of community service, showing kindness to everyone, and treating all people as equals regardless of their background.

Word bank: Guru Nanak · Guru Granth Sahib · Gurdwaras · Langar · Seva · Five Ks · Equality · Monotheism

1. Who was the founder of the Sikh faith? (1 mark)

2. Explain what a 'Gurdwara' is and describe one activity that happens inside. (2 marks)

3. What is 'Langar' and why is it important to the Sikh community? (3 marks)

4. List three of the 'Five Ks' that initiated Sikhs might wear, and explain what they represent. (4 marks)

5. Why is the Guru Granth Sahib treated with such great respect by Sikhs? (3 marks)

6. Explain the concept of 'Seva' (selfless service). Give two examples of how someone might show Seva in their daily life. (4 marks)

7. How do the core beliefs of Sikhism, such as equality and serving others, influence how a Sikh might treat people in their local community? Write a paragraph explaining your answer. (8 marks)

Draw: Draw the Khanda symbol and label its different parts if you can remember them, or draw a picture of a Langar kitchen showing people working together.



Extension challenge: Total: /25. Think about the values of Sikhism. How can these values make a school or neighbourhood a better place for everyone? Write a short reflection.