

Exploring Sikhism with Ellie the Elephant

Learning objective: To identify key beliefs, symbols, and practices within the Sikh faith.

Read the information provided by Ellie the Elephant and answer the 10 questions below to test your knowledge!

Ellie the Elephant says: 'Hello! Today we are learning about Sikhism. The faith was founded by Guru Nanak. Sikhs worship in a building called a Gurdwara, which means 'Gateway to the Guru'. Inside, the holy scripture, the Guru Granth Sahib, is treated with great respect. A core part of Sikh life is 'Langar', the community kitchen where free vegetarian meals are served to anyone, regardless of their background, to show equality. Sikhs also practice 'Seva', which is selfless service to others. Many Sikhs wear the 'Five Ks' as symbols of their faith, including the Kara (a steel bracelet) and Kesh (uncut hair). The Khanda is the main symbol of the Sikh faith.'

ANSWER KEY:

1. B (Guru Nanak)
2. True
3. Gurdwara
4. C (Community kitchen)
5. Seva
6. True
7. Guru Granth Sahib
8. False (It is vegetarian)
9. A (Steel bracelet)
10. Equality

Word bank: Guru Nanak · Gurdwara · Guru Granth Sahib · Five Ks · Langar · Seva · Khanda · Kara · Kesh · Equality

1. 1. Who was the founder of the Sikh faith? A) Guru Gobind Singh B) Guru Nanak* C) Guru Arjan D) Guru Tegh Bahadur (1 mark)

2. 2. True or False: A Gurdwara is the place of worship for Sikhs. (1 mark)

3. 3. What is the name of the Sikh place of worship? (One word) (1 mark)

4. 4. What is 'Langar'? A) A type of prayer B) A special festival C) A community kitchen* D) A traditional dance (1 mark)

5. 5. What is the term for 'selfless service' that Sikhs perform for their community? (1 mark)

6. 6. True or False: The Guru Granth Sahib is the holy book of Sikhism. (1 mark)

7. 7. What is the name of the holy scripture that Sikhs treat as their living Guru? (1 mark)

8. 8. True or False: The food served in the Langar includes meat dishes. (1 mark)

9. 9. What is a 'Kara'? A) A steel bracelet* B) A wooden comb C) A ceremonial sword D) A cotton turban (1 mark)

10. 10. What important value is shown by everyone sitting on the floor together to eat in the Langar? (1 mark)

Draw: Draw a picture of a Khanda, the symbol of the Sikh faith, and colour it using bright, respectful colours.



Extension challenge: Research why Sikhs wear the 'Five Ks' and write three sentences about what one of those symbols represents.