

Exploring Sikhism: A Fact-File with Ellie

Learning objective: To understand the core beliefs, practices, and history of Sikhism as part of the Year 5 Religious Education curriculum.

Join Ellie the elephant on a journey of discovery! Use your textbooks or reliable classroom resources to research Sikhism. Fill in the boxes below to build your own fact-file. Remember to use clear, respectful language and check your spelling.

Word bank: Guru Nanak Dev Ji · Guru Granth Sahib · Gurdwara · Langar · Seva · The Five Ks · Equality · Community

1. The Origins of Sikhism: Who was the founder of Sikhism, and what are some key facts about his life and teachings? (3 marks)

2. The Holy Book: What is the name of the Sikh holy scripture? Where is it kept, and how is it treated by the community? (3 marks)

3. Place of Worship: Describe a Gurdwara. What happens inside this building, and what is the significance of the 'Langar' (community kitchen)? (4 marks)

4. Living the Faith: Explain the concept of 'Seva' (selfless service). Why is this an important part of a Sikh's daily life? (2 marks)

5. The Five Ks: List the 'Five Ks' (Panj Kakar) that initiated Sikhs wear. Choose one and explain its symbolic meaning. (3 marks)

Extension challenge: Imagine you are visiting a Gurdwara for the first time with Ellie. Write a short paragraph describing how you would show respect, such as covering your head or removing your shoes, and explain why these customs are important.