

The Journey of Human Development

Learning objective: To identify, describe and illustrate the changes that occur as humans develop from infancy to old age.

Follow the steps below to create a timeline of human growth. Use your scientific knowledge to label the key stages and add details that show how our bodies change over time.

Draw: Draw a horizontal timeline across your page. At each of the five markers (Infancy, Childhood, Adolescence, Adulthood, Old age), draw a simple stick-figure sketch representing a person at that age. Use a clear, scientific style. Around each figure, add small labels from the word bank and include one small detail for each stage, such as a school bag for childhood or a walking stick for old age.



Label words: Infancy · Childhood · Adolescence · Adulthood · Old age · Puberty · Development

Steps:

1. Identify the stage of human development where puberty usually occurs. Explain one physical change that happens during this time.
2. Label your drawing to show which stage involves the most rapid physical growth in height.
3. List two ways that an adult's life might differ from a child's life in terms of responsibilities.
4. Describe one way that a person's body changes as they move into old age.

5. Why do humans require more care and support during the infancy stage compared to the adulthood stage?