

Nova's Life Cycle and Growth Challenge

Learning objective: To identify, describe, and understand the changes as humans develop from infancy to old age.

Join Nova the barn owl on an observational flight through the stages of human growth! Answer these 10 questions to show what you know about how humans change over time.

Answer Key: 1. A (Infancy), 2. False, 3. Adolescence, 4. C (Puberty), 5. True, 6. Childhood, 7. B (Adulthood), 8. False, 9. True, 10. Old age.

Word bank: infancy · childhood · adolescence · puberty · adulthood · old age · gestation · development

1. 1. Which stage of human development immediately follows birth? A) Infancy* B) Adolescence C) Adulthood D) Old age (1 mark)

2. 2. True or False: Humans stop growing completely when they reach the age of five. (1 mark)

3. 3. What is the period of transition between childhood and adulthood called? (1 mark)

4. 4. During which stage does the human body undergo significant physical and hormonal changes? A) Infancy B) Childhood C) Puberty* D) Old age (1 mark)

5. 5. True or False: Humans require more care and support from adults during infancy than at any other stage. (1 mark)

6. 6. Which stage of life typically involves attending primary school and learning to read and write? (1 mark)

7. 7. At which stage is a human usually considered fully physically developed? A) Infancy B) Adulthood* C) Childhood D) Adolescence (1 mark)

8. 8. True or False: Puberty is a stage that only happens to people over the age of 50. (1 mark)

9. 9. True or False: As humans reach old age, their bodies often become less efficient at repairing themselves compared to when they were younger. (1 mark)

10. 10. What is the final stage of the human life cycle called? (1 mark)

Draw: Draw a timeline showing the different stages of a human life, starting from a baby and ending with an elderly person. Label each stage clearly.



Extension challenge: Research a famous historical figure who lived to be over 80 years old. Write a short paragraph about how they contributed to society during their adulthood.