

Nova's Nutritious Digestive Discovery Quiz

Learning objective: To identify the parts of the human digestive system and describe their functions.

Join Nova the owl as we zoom through the human body! Read each question carefully and write your answers clearly. Good luck, young scientists!

Answer Key: 1. A (Teeth), 2. True, 3. Oesophagus, 4. B (Stomach), 5. False, 6. Nutrients, 7. C (Small intestine), 8. True, 9. Saliva, 10. B (Digestion).

Word bank: Oesophagus · Stomach · Intestines · Teeth · Saliva · Nutrients · Digestion

1. 1. Which part of the body begins the digestive process by breaking food into smaller pieces? A) Teeth* B) Ears C) Feet D) Hair (1 mark)

2. 2. True or False: The oesophagus is the long tube that carries food from your mouth to your stomach. (1 mark)

3. 3. What is the scientific name for the 'food pipe' that connects the throat to the stomach? (1 mark)

4. 4. Where is food mixed with strong acids to break it down into a thick liquid? A) The brain B) Stomach* C) The heart D) The liver (1 mark)

5. 5. True or False: Digestion happens entirely in the mouth. (1 mark)

6. 6. What does the body absorb from food to help us grow and stay healthy? (One word) (1 mark)

7. 7. Which part of the digestive system absorbs the goodness from our food into the blood? A) The lungs B) The nose C) Small intestine* D) The skin (1 mark)

8. 8. True or False: The large intestine helps remove water from the remains of food. (1 mark)

9. 9. What watery liquid in your mouth helps to soften food before you swallow it? (1 mark)

10. 10. What is the process of breaking down food so the body can use it called? A) Breathing B) Digestion* C) Running D) Sleeping (1 mark)

Draw: Draw a simple diagram of the human digestive system. Label the mouth, the long tube (oesophagus), the stomach, and the intestines.



Extension challenge: Nova wants to know: Why do we need to chew our food properly before swallowing? Write three sentences explaining why this is important for our digestion.