

Nova's Guide to the Human Life Cycle

Learning objective: To describe the changes as humans develop to old age.

Use this writing frame to help you structure a report about human growth. Remember to use scientific vocabulary and clear paragraphs to explain each stage of development.

As humans grow and develop, they progress through several distinct stages, starting from infancy and moving towards old age.

Word bank: furthermore · consequently · gradually · in addition · significant changes · development · independence · physical · puberty · adolescence

1. Infancy and Childhood: Describe the physical and mental growth that occurs during these early years. Start with: During infancy, a baby is entirely dependent on... (2 marks)

2. Adolescence: Explain what happens during puberty and how it affects the body. Start with: As a child enters adolescence, their body begins to experience... (2 marks)

3. Adulthood: Discuss the responsibilities and physical maturity of adults. Start with: Once a person reaches adulthood, they have usually achieved... (2 marks)

4. Old Age: Summarise the later stages of life. Start with: As humans enter old age, the body starts to slow down because... (2 marks)

5. Conclusion: Reflect on the human life cycle as a whole. Start with: In conclusion, the journey from infancy to old age is a complex process of... (2 marks)

Extension challenge: Research a specific milestone of human development, such as learning to walk or the onset of puberty, and write a detailed paragraph explaining why this change is important.