

Kit's Guide to Staying Safe Online

Think before you click, be smart, and stay safe in the digital world!

- Keep your personal information private, such as your full name, home address, school name, and telephone number.
- Always use strong passwords that include a mix of letters, numbers, and symbols, and never share them with anyone except your parents or carers.
- If you see something online that makes you feel worried, sad, or uncomfortable, tell a trusted adult immediately.
- Be kind to others online; if you would not say it to someone's face, do not type it in a message or a comment.
- Not everything you read on the internet is true; always check if the information comes from a reliable source.
- Use privacy settings on apps and games to control who can see your profile and who is allowed to contact you.

Did you know? Did you know? Every time you post a photo, leave a comment, or play a game online, you leave a 'digital footprint'. This is like a trail of breadcrumbs that shows where you have been and what you have done online. It is important to make sure your digital trail is kind and positive!

Key vocabulary: Cyberbullying · Digital footprint · Personal information · Password · Privacy settings · Source