

Class 4 Dance: The Language of Movement

Learning objective: To understand and apply key dance terminology to create, perform, and evaluate expressive sequences of movement.

Key Vocabulary

Use this vocabulary that to help you describe your choreography. The terms are grouped into categories: Movement Basics, Performance Skills, and Creative Composition. Use these words when discussing your routines with peers or writing your evaluations.

Levels Using different heights (low, medium,...	Tempo The speed at which you move; you c...	Dynamics The energy or 'flavour' behind a ...
Unison When two or more dancers perform ...	Canon When dancers perform the same mo...	Transition The smooth movement that links ...
Sequence A series of movements put toget...	Choreography The art of designing and arr...	Fluency Making movements look smooth, c...
Extension Reaching out fully with your arms...	Spatial Awareness Knowing where your bo...	Isolation Moving only one part of your body...
Mirroring Copying a partner's movements as...	Pathways The invisible lines you create on t...	Expression Using your face and body langu...
Explain why usin...	Compare and con...	Justify your ans... Why is 'Spatial Awarene...
What might happ...	How can you use ...	If you were chore...