

Class 4 Physical Education: Mastering Invasion Games

Learning objective: To assess understanding of tactics, spatial awareness, and rules within invasion games.

Read each question carefully. Use the word bank to help you express your tactical ideas clearly. Answer all questions to the best of your ability.

Max the monkey is coaching his team for a school tournament. He notices that when his team has the ball, they often bunch together in one spot. When the other team has the ball, his players forget to track their opponents, leaving them wide open to score.

Word bank: Attacking · Defending · Interception · Spatial awareness · Communication · Dribbling · Passing · Marking

1. 1. Explain the term 'spatial awareness' in the context of an invasion game. Why is it important for Max's team to spread out across the pitch? (2 marks)

2. 2. Define 'marking' as a defensive tactic. If you were a defender, how would you position yourself in relation to your opponent? (2 marks)

3. 3. What is an 'interception' and how does it help a team change from a defending role to an attacking role? (2 marks)

4. 4. List two ways you can communicate with your teammates during a fast-paced game to improve performance. (2 marks)

5. 5. Compare and contrast the skills needed for 'dribbling' versus 'passing'. When might you choose to pass rather than dribble? (4 marks)

6. 6. Max's team is losing by one point with only a minute left. Justify why the team should prioritise 'passing' over individual 'dribbling' to try and equalise. (3 marks)

7. 7. Extended Writing Task: Imagine you are the team captain. Write a short half-time speech for your team. Include your plan for better defence and how you will use the space on the pitch to create scoring opportunities. (5 marks)

8. 8. What might happen if every player on a team chased the ball at the same time? Explain the impact on the game. (5 marks)

Draw: Draw a bird's-eye view diagram of a pitch. Show your team in blue and the opposing team in red. Use arrows to show a successful passing tactic to move the ball around an opponent.



Extension challenge: Total: /25. Challenge: Research a historical sport that is considered an 'invasion game'. How have the rules changed over the last 100 years to make the game safer or faster?