

Mastering Invasion Games: Class 5 PE Flashcards

Learning objective: To understand the key tactics, skills, and rules involved in invasion games such as football, netball, and tag rugby.

Use these flashcards to test your knowledge of invasion games. You can work with a partner or quiz yourself to prepare for your next PE lesson.

What is the primary goal of an invasion game?

To move into the opponent's territory and score a goal, try, or basket.

Define 'possession' in the context of an invasion game.

When a team has control of the ball or object and is trying to move it towards the target.

What does 'spatial awareness' mean for a player?

Being aware of where you are on the pitch, where your teammates are, and where the opponents are.

What is the role of a defender in an invasion game?

To stop the opposition from scoring and to try and win the ball back.

Why is communication important during a game?

To coordinate tactics, warn teammates of incoming defenders, and call for passes.

What is an 'interception'?

When a defender catches or knocks away a pass meant for an opposing player.

What does it mean to 'mark' an opponent?

Staying close to an attacking player to prevent them from receiving the ball or moving freely.

How can Max the monkey help his team attack?

By passing the ball into open spaces where his teammates can run onto it.

What is a 'tactical formation'?

The way players are positioned on the pitch to help the team attack and defend effectively.

Why should you move into 'space' when your team has the ball?

To make it easier for a teammate to pass to you and to pull defenders away from other areas.

What is the 'advantage' rule in many invasion games?

When the referee allows play to continue after a foul if the non-offending team still has a good chance to score.

If a team costs £15 for new training bibs and there are 15 players, how much does each bib cost?

£1.00 per bib.