

Class 4 Physical Education Assessment: Net and Wall Games

Learning objective: To demonstrate knowledge of tactics, rules, and skills used in net and wall games.

Read each question carefully and write your answers in the space provided. Use your knowledge of movement, positioning, and sportsmanship to complete the assessment.

Max the monkey is helping his friends learn how to play a net game in the park. To be successful, they must work together, watch the ball closely, and move quickly to cover their side of the court. Whether they are playing with a ball or a shuttlecock, the goal is to make it difficult for the opponent to return the shot while keeping the game fair and fun.

Word bank: Accuracy · Communication · Positioning · Rally · Tactics · Court · Volley · Control

1. In a net game, why is it important to return to the centre of your side of the court after hitting the ball? (2 marks)

2. Explain what a 'rally' is in the context of a net game. (2 marks)

3. Name two pieces of equipment you might use to hit a ball or shuttlecock in a net game. (2 marks)

4. If you are playing a wall game, why is it better to aim for a space rather than hitting the ball directly at your opponent? (3 marks)

5. How can you show good sportsmanship during a match, even if you lose a point? (3 marks)

6. Describe the difference between a net game (like tennis) and a wall game (like squash). Give an example of a skill needed for each. (4 marks)

7. Imagine you are coaching a team. Write a paragraph explaining the best tactics to use against a strong opponent. Include how you would use positioning and accuracy to score points. (9 marks)

Draw: Draw a diagram of a net game court. Label the net, the baseline, and show with an arrow where a player should stand to defend their side effectively.



Extension challenge: Total: /25