

Class 5 PSHE Assessment: The Building Blocks of Friendship

Learning objective: To understand the characteristics of healthy friendships, how to resolve conflicts, and the importance of mutual respect.

Read each question carefully. Write your answers in the spaces provided. Ensure your explanations are clear and respectful.

Max the monkey and Leo the lion are best friends. They love spending time together, but sometimes they disagree on which game to play. Max wants to solve a maths puzzle, while Leo wants to write a poem. Recently, they had a small argument, but they sat down, listened to each other's feelings, and decided to spend half the afternoon on maths and half on poetry. By talking it through, they both felt happy and valued.

Word bank: empathy · compromise · trust · respect · active listening · conflict resolution · boundaries · positive influence

1. Based on the passage, identify two qualities that helped Max and Leo resolve their disagreement. (2 marks)

2. Define the term 'empathy' and explain why it is important in a friendship. (3 marks)

3. Give one example of a 'boundary' you might set in a friendship to make yourself feel comfortable. (2 marks)

4. If a friend is being unkind to someone else, what is the best way to act as a positive bystander? Suggest two actions. (4 marks)

5. Imagine a new student joins your class. Describe three specific things you could do to make them feel welcome and included. (4 marks)

6. Explain why 'trust' is often called the foundation of a healthy friendship. How do you build trust over time? (5 marks)

7. Is it possible to have a healthy friendship even if you and your friend have different hobbies and interests? Explain your answer briefly. (5 marks)

Draw: Draw a 'Friendship Tree'. On the roots, write the qualities that make a friendship strong (e.g., honesty, kindness). On the leaves, draw the activities you enjoy doing with your own friends.



Extension challenge: Write a short poem, in the style of Leo the lion, about how to be a good friend to others. Total: /25