

Growing Up: Looking Forward and Looking Back

Learning objective: To identify how we change as we grow and to set positive goals for the future while reflecting on our personal journey.

Use this writing frame to help you structure your reflection on growing up. Think about how your skills, responsibilities, and feelings have changed since you were in Year 1. Use the word bank to help your writing flow.

As I look back on my time in primary school, I realise that growing up is a journey filled with new challenges and exciting discoveries.

Word bank: furthermore · previously · in addition to · consequently · looking back · my future goal · a significant change · gradually · on the other hand

1. Reflecting on the past: What is one thing you can do now that you found difficult when you were younger? Start your sentence with: 'When I was in Year 1, I struggled with..., but now I am able to...' (2 marks)

2. Taking on responsibility: How has your role in your family or school changed as you have grown? Start your sentence with: 'As I have grown older, I have taken on more responsibility, such as...' (2 marks)

3. Personal qualities: Which character trait (such as kindness, resilience, or patience) do you think you have developed the most? Start your sentence with: 'One quality I have developed is... because...' (2 marks)

4. Looking to the future: What is one skill you would like to master before you move to secondary school? Start your sentence with: 'Before I move to the next stage of my education, I am determined to...' (2 marks)

5. Advice for younger children: If you could give one piece of advice to a child starting Year 1, what would it be? Start your sentence with: 'My best advice for someone younger than me is...' (2 marks)

Extension challenge: Imagine you are writing a letter to yourself for the end of Year 6. What three questions would you ask your older self about how much you have changed?