

Kindness and Community: PSHE Flashcards

Learning objective: To understand the importance of kindness, empathy, and positive relationships within a community.

Read the front of each card and think about your answer. Then, check the back to see how our BookFlik friends define these important values.

Pip the caterpillar asks: What is 'Empathy'?

Empathy is the ability to understand and share the feelings of another person.

Nova the owl asks: Why is 'Inclusion' important in our classroom?

Inclusion means making sure everyone feels welcome and involved, regardless of their differences.

Max the monkey asks: What does 'Active Listening' look like?

It means giving someone your full attention, making eye contact, and showing you understand what they are saying.

Ellie the elephant asks: How can you show 'Compassion' to a friend who is sad?

Compassion is showing kindness and care to someone who is going through a difficult time.

Finn the dolphin asks: What is a 'Random Act of Kindness'?

A small, unplanned gesture that helps or cheers someone up, like holding a door or sharing a kind word.

Zara the zebra asks: How do you show 'Respect' for other people's opinions?

You listen patiently and value their thoughts, even if they are different from your own.

Leo the lion asks: What does it mean to 'Support' a peer?

It means encouraging them, helping them when they are stuck, and celebrating their successes.

Kit the fox asks: Why is 'Integrity' an act of kindness?

Integrity is being honest and doing the right thing even when no one is watching, which helps build trust in a community.

Bea the bee asks: How does 'Collaboration' help a group?

It is working together kindly to achieve a shared goal, valuing everyone's unique contribution.

Rosa the parrot asks: What is the benefit of using 'Polite Language'?

Using words like 'please', 'thank you', and 'excuse me' shows respect and makes others feel valued.