

A Journey into Hinduism with Ellie the Elephant

Step into the light of discovery and explore the vibrant traditions of Hinduism!

- **Hindus believe in Dharma, which is the moral order of the universe. It encourages people to live with duty, good conduct, and righteousness to keep the world in balance.**
- **The concept of Karma suggests that every action has a consequence. Positive actions lead to positive outcomes, teaching followers the importance of being kind and helpful to others.**
- **A Mandir is a sacred space for worship. Inside, you will often find beautiful shrines dedicated to various deities, where people go to pray, meditate, and offer flowers or fruit.**
- **Ahimsa is the principle of non-violence. It teaches respect for all life, including animals and nature, encouraging a peaceful approach to every situation.**
- **Diwali, the Festival of Lights, is a joyous celebration that symbolises the victory of light over darkness and knowledge over ignorance, marked by the lighting of many small clay lamps called diyas.**

Did you know? Did you know that Hinduism is often considered one of the oldest religions in the world? Because it has no single founder, it is described as a 'way of life' that encourages followers to seek truth, practise kindness, and understand the connection between all living things.

Key vocabulary: Dharma · Karma · Mandir · Ahimsa · Moksha · Diwali · Shruti