

Exploring Hindu Beliefs and Traditions

Learning objective: To describe and explain key aspects of Hinduism, including beliefs about God, the concept of dharma, and how these are expressed through worship.

Use this scaffold to structure your writing about Hinduism. Remember to use clear paragraphs, linking your ideas with the words provided in the word bank. Ensure you explain the significance of the traditions you choose to write about.

Hinduism is a diverse and ancient religion that offers many different ways for followers to connect with the divine.

Word bank: furthermore · consequently · in addition to · significantly · on the other hand · for instance · symbolises · traditionally · as a result

1. The Concept of Brahman: Explain the Hindu belief in Brahman and how the different deities represent different aspects of one ultimate reality. Start by saying: The idea of Brahman is central to Hinduism because... (3 marks)

2. Dharma and Karma: What do these two terms mean and how do they influence the way a Hindu person lives their life? Start by saying: Dharma refers to one's duty or moral path, while karma means... (3 marks)

3. Puja at Home: Describe what a shrine might look like and what happens during the act of puja. Start by saying: Many Hindu families have a shrine in their home which acts as a focal point for... (3 marks)

4. Festivals and Celebrations: Choose one festival, such as Diwali, and explain its significance and how it is celebrated. Start by saying: One of the most well-known festivals is Diwali, which is known as the festival of lights because... (3 marks)

5. Reflection: Why do you think it is important for people to have a faith or a set of values to guide their lives? Start by saying: I believe that having a set of guiding values is important because... (2 marks)

Extension challenge: Research the significance of the Aum (Om) symbol. Create a detailed drawing of the symbol and write a caption explaining why it is considered the most sacred sound and symbol in Hinduism.