

My Special Celebration Fact-File: Shabbat

Learning objective: To identify and describe key features of Shabbat, a special time for Jewish families.

Help Ellie the Elephant learn about the Jewish day of rest, Shabbat. Use the word bank to help you fill in the boxes about how families celebrate this special time together. Draw a picture of the items you might find on a Shabbat table in the space provided at the bottom.

Word bank: Shabbat · Challah · Candles · Friday · Rest · Family · Prayers

1. The Name of the Day: What is the special name of the Jewish day of rest? (2 marks)

2. Special Food: Can you name the special braided bread that is eaten during Shabbat? (2 marks)

3. Lighting the Way: What do families light at the start of Shabbat to make the home feel warm and welcoming? (2 marks)

4. Spending Time: Who do Jewish people usually spend their Shabbat time with? (2 marks)

5. My Favourite Part: If you were invited to a Shabbat dinner, what part would you enjoy the most and why? (2 marks)

Extension challenge: Talk to a partner about a time your family eats a special meal together. How is it the same as or different from a Shabbat meal?