

Pip's Special Moments: Understanding Prayer

Learning objective: To understand that prayer is a way for people to talk to God or reflect on things that are special to them, and to identify how and where people might choose to pray.

Pip the caterpillar is learning about how different people show they are thinking about special or holy things. Look at the pictures described in the questions below. Decide if the action is a way someone might choose to pray or reflect. Circle 'Yes' if it is a way to pray, or 'No' if it is not. Then, talk about why it makes you feel calm or happy.

Word bank: Prayer · Quiet · Thankful · Reflect · Special · Listen

1. Closing your eyes and sitting very still in a quiet corner to say thank you for your family. Is this a way to pray? (Yes / No) (2 marks)

2. Shouting loudly and running around the playground during a game of tag. Is this a way to pray? (Yes / No) (2 marks)

3. Lighting a candle in a church and thinking about someone you love. Is this a way to pray? (Yes / No) (2 marks)

4. Holding hands together while sitting quietly at home. Is this a way to pray? (Yes / No) (2 marks)

5. Watching a television programme about animals. Is this a way to pray? (Yes / No) (2 marks)

Draw: Draw a picture of your own special 'quiet space' where you like to go to think, rest, or say a prayer. Include things that make you feel calm, like a favourite teddy, a window with a view, or a soft cushion.



Extension challenge: Ask an adult at home about a time they feel quiet and thankful. Pip the caterpillar wants to know: what words would you use if you were saying a 'thank you' prayer for a sunny day?