A Moment of Quiet with Pip

Learning objective: To understand that prayer is a way that many people talk to God or reflect on their feelings in a quiet, peaceful space.

Colour in the picture of Pip the caterpillar finding a quiet spot to think. Think about a place where you feel calm and happy, then draw your favourite thing about that place in the space provided.

Colour this: A line-art drawing of Pip the caterpillar sitting peacefully on a large, soft leaf. Pip has eyes closed in a calm, smiling expression with hands folded together. Around Pip, there are gentle outlines of colourful flowers and a soft, glowing sun in the corner to represent warmth. The background is simple and uncluttered. Below Pip, there is a clear, empty space with a dashed-line border for the child to draw their own 'calm place'.

Steps:

1. Label the quiet space where Pip is sitting.
2. Label the book Pip is holding.