My Quiet Time: A Drawing Sheet on Prayer

Learning objective: To understand that prayer is a quiet, special way for people to talk to God or express their inner thoughts and feelings.

Today, we are going to think about what it means to pray. Look at the word bank and think about where you feel most peaceful. Use your crayons and pencils to create a picture of a special time of reflection.

Draw: Draw a scene showing a quiet, personal moment. The style should be gentle and bright. Include a person (you) with a calm expression, sitting or kneeling in a peaceful setting like a garden or a cosy corner of a room. Include elements of nature like a small plant or a sunbeam to represent warmth and peace. Use soft colours to show a sense of calm.

Label words: Quiet · Peace · Thanks · Heart · Talking · Thinking

Steps:

1. Step 1: Draw yourself in a place where you feel very calm and happy.
2. Step 2: Draw something you want to say 'thank you' for, like a flower or a friend.
3. Step 3: Draw a light or a star above your head to show your special, quiet thoughts.
4. Step 4: Label your drawing using one word from the word bank.
5. Step 5: Talk to your teacher or a friend about why you chose this place for your drawing.