Exploring the Sikh Faith with Ellie

Step into the light of learning: Discover the wisdom of the Sikh faith!

- **Sikhism originated in the Punjab region of India and is based on the teachings of ten human Gurus, beginning with Guru Nanak Dev Ji.**
- **The holy scripture, the Guru Granth Sahib, is treated with the highest respect and is considered the eternal living Guru of the faith.**
- **The Gurdwara is the place of worship for Sikhs; inside, you will always find the Guru Granth Sahib placed on a raised platform under a canopy.**
- **Seva, or selfless service, is a fundamental pillar of Sikhism, encouraging followers to help others without expecting anything in return.**
- **Many Sikhs wear the 'Five Ks'—Kesh (uncut hair), Kara (steel bracelet), Kanga (wooden comb), Kachera (cotton undergarments), and Kirpan (a small sword)—as symbols of their commitment to their faith.**

Did you know? Did you know? The concept of Langar is a beautiful tradition where everyone—no matter their background, wealth, or status—sits on the floor together to eat a free vegetarian meal. This symbolises that all people are equal in the eyes of the Divine.

Key vocabulary: Guru · Gurmukhi · Gurdwara · Langar · Seva · Khalsa · Khanda