Learning about the Gurdwara with Pip the Caterpillar

Learning objective: To identify key features of a Gurdwara and understand the importance of kindness and community in Sikhism.

Pip the Caterpillar is visiting a special place called a Gurdwara. Look at the words below and answer the questions to help Pip learn about how Sikhs show respect and care for others.

Pip the Caterpillar is visiting a Gurdwara today. He sees people taking off their shoes and covering their heads to show respect. Inside, there is a big kitchen called the Langar, where everyone sits together on the floor to share a free, healthy meal. It is a place where everyone is welcome, no matter who they are.

Word bank: Gurdwara · Langar · Respect · Kindness · Community · Sharing

1. What do people take off before they go inside a Gurdwara to show respect? (2 marks)

2. What is the name of the special kitchen where people share food? (2 marks)

3. Why do people sit on the floor to eat together in the Langar? (2 marks)

4. Can you name one way you show kindness to your friends at school? (2 marks)

5. If a meal at the Langar costs £0 because it is free to everyone, how much would it cost for two of your friends to eat there? (2 marks)

Draw: Draw a picture of you and your friends sitting together sharing a healthy meal. Remember to include some yummy vegetables on the plates!

Extension challenge: Talk to an adult about why sharing is important. Can you think of three things you could share with a friend today?