

Bea's Brilliant Digestion Journey

Follow the path of your food with Bea the Bee as it travels through your body!

- **Digestion begins in the mouth, where teeth break down food and saliva helps to soften it for swallowing.**
- **The oesophagus is a long, stretchy tube that acts like a slide to carry food from your mouth to your stomach.**
- **In the stomach, food is mixed with powerful digestive juices to turn it into a thick, soupy liquid.**
- **The small intestine is where the body absorbs all the helpful nutrients and energy from the food into the blood.**
- **The large intestine soaks up any leftover water from the waste, turning it into solid material to leave the body.**

Did you know? Did you know? Even if you stand on your head, your oesophagus uses strong muscles to push your food down into your stomach! This movement is called peristalsis.

Key vocabulary: Oesophagus · Stomach · Small intestine · Large intestine · Saliva · Nutrients