

Max's Healthy Snack Challenge

Learning objective: To design a healthy snack and explain why it is good for the body.

Help Max the monkey design a healthy snack. Use the prompts below to describe your ingredients and explain why they are good for you. Use the word bank to help you write your sentences.

Max the monkey wants to make a healthy snack that gives him lots of energy for climbing trees.

Word bank: healthy · energy · vitamins · fruit · vegetable · delicious · because · also · firstly · finally

1. What is the name of your healthy snack? My snack is called... (1 mark)

2. Which ingredients will you use? I will use... (2 marks)

3. Why is this snack healthy for your body? This snack is healthy because... (2 marks)

4. How much would it cost if each ingredient was £1? The total cost is... (2 marks)

Extension challenge: Can you think of one way to make your snack look colourful and fun to eat?