

Cooking and Nutrition Vocabulary Mat

Learning objective: To understand key terminology related to food groups, healthy preparation, and dietary requirements for Year 5 Design Technology.

Key Vocabulary

Use this vocabulary mat to help you plan your healthy recipes. The terms are grouped into 'The Five Food Groups', 'Food Preparation', and 'Healthy Living'.

Max the monkey i...	Why is 'Hygiene' ...	What is the differ...
Bea the honeybee...	If a recipe costs ...	