

Max's Kitchen Safety Guide

Learning objective: To understand how to keep food safe and clean when preparing a meal.

Max the monkey is helping in the kitchen! Help him stay safe by filling in this guide. Use the word bank to help you complete the sentences. Remember to write clearly and think about why we wash our hands before we touch food.

Word bank: hygiene · germs · wash · separate · clean · fridge · hot

1. Why must we wash our hands before we cook? (Hint: Think about what we want to keep away from our food.) (2 marks)

2. Why should we keep raw meat away from other foods like fruit and vegetables? (2 marks)

3. Where should we store food that needs to stay cold to keep it fresh? (2 marks)

4. What are two things you should do to make sure your cooking area is safe? (2 marks)

Extension challenge: Draw a picture of yourself wearing a clean apron and washing your hands before you start to cook. Label the items you use to stay clean.