

Max’s Healthy Kitchen: Design Technology Vocabulary Mat

Learning objective: To understand the principles of nutrition and apply design skills to create a balanced, healthy meal plan.

Key Vocabulary

Use this vocabulary mat to help you design your own nutritious recipes. The terms are grouped into three categories: 'Nutrition and Health', 'Design and Preparation', and 'Sensory Evaluation'.

Explain why it is ...	Compare and con...	Justify your choi...
What might happ...	If you were desig...	Describe how you...