

Seasonal Food with Bea the Bee

Learning objective: To understand why we eat different foods at different times of the year and identify seasonal British produce.

Read each question carefully. Use the word bank to help you spell the food items. Bea the Bee is here to help you think about what grows on the farm!

Word bank: Strawberry · Parsnip · Winter · Summer · Local · Harvest

1. Bea the Bee visits a farm in summer. Which of these fruits is ready to pick in the summer sun: a parsnip or a strawberry? (1 mark)

2. We often eat root vegetables like parsnips when it is cold outside. Which season is best for parsnips? (1 mark)

3. Why is it better for the planet to buy food grown at a farm near your house? (Hint: Think about travel). (2 marks)

4. What do we call the time of year when farmers gather all their crops to eat? (1 mark)

Draw: Draw your favourite seasonal fruit or vegetable in the box below. Label it with the season it grows in.



Extension challenge: Can you name one other fruit that grows in the UK during the summer?