

Inspiring People: Learning About Mary Seacole

Learning objective: To learn about the life of Mary Seacole and recognise her as a significant person in history who helped others.

Read the questions carefully and talk to your teacher or grown-up about what you have learned about Mary Seacole. Write your answers in the spaces provided.

Mary Seacole was a very kind and brave lady who lived a long time ago. She travelled a long way to help soldiers who were hurt. She used her knowledge of plants and medicine to make them feel better. She opened a place called the 'British Hotel' where she gave the soldiers food, a warm bed, and care. Today, we remember Mary Seacole for her hard work and for being a hero who looked after other people.

Word bank: nurse · kind · brave · help · medicine · care

1. Mary Seacole travelled a long way to do a very important job. What was her job called? (2 marks)

2. Mary used plants to make medicine. How do you think this made the soldiers feel? (2 marks)

3. Mary opened a place called the 'British Hotel'. Can you name one thing she gave the soldiers there? (2 marks)

4. Why do we call Mary Seacole a 'hero' today? (2 marks)

5. If you could say 'thank you' to Mary Seacole for her help, what would you say? (2 marks)

Draw: Draw a picture of Mary Seacole helping someone who is feeling poorly. Remember to draw her with a kind smile!



Extension challenge: Ellie the Elephant has an amazing memory! Can you tell a friend or family member three things you remember about Mary Seacole without looking at your worksheet?