

Mastering Ball Skills with Max the Monkey

Learning objective: To develop coordination, precision, and control when performing a variety of ball-handling techniques including dribbling, passing, and intercepting.

Read each question carefully. Think about how Max the Monkey uses his agility to solve physical puzzles on the sports field. Use your knowledge of movement and space to provide detailed answers.

Word bank: Dribbling · Agility · Precision · Trajectory · Intercept · Coordination · Velocity · Control

1. When dribbling a ball, why is it important to keep the ball close to your feet rather than kicking it far in front of you? Explain your reasoning in relation to control. (2 marks)

2. Compare and contrast the technique used for a short, accurate pass to a teammate versus a long-distance pass. What adjustments must you make to your body? (3 marks)

3. Max is trying to intercept a ball moving towards his opponent. Justify why Max should position his body between the opponent and the ball. (2 marks)

4. What might happen if you do not use your 'non-kicking' foot to balance while striking a stationary ball? Describe the effect on the ball's trajectory. (2 marks)

5. If a sports ball costs £12.50 and you have saved £50.00, how many balls can you buy for your team? Show your calculation. (2 marks)

Draw: Draw a diagram of a sequence of three movements showing Max the Monkey successfully dribbling around a set of cones. Use arrows to indicate the direction of movement and the path of the ball.



Extension challenge: Design a new ball game that requires at least two different types of ball skills (e.g., throwing and catching). Write a brief set of rules and explain how the game encourages players to improve their hand-eye coordination.