

Mastering Ball Skills with Max the Monkey

Learning objective: To develop control, accuracy, and coordination when throwing and catching a ball.

Max the Monkey loves to solve maths puzzles, but he also loves sports! Read the questions carefully. Use the word bank to help you answer. If you need help, look at the picture clues.

Word bank: Catch · Throw · Target · Ready · Grip · Focus · Bounce

1. Max is getting ready to throw a ball. Why is it important to have a firm grip on the ball before you let it go? (2 marks)

2. When you are waiting to catch a ball, why should you keep your eyes on the ball at all times? (2 marks)

3. If you are aiming at a bucket to score a point, what is the best way to aim? (Hint: Think about your target). (2 marks)

4. Fill in the blank: To be a good player, I must stand with my feet apart and be _____ to move. (1 mark)

Draw: Draw a picture of Max the Monkey throwing a ball towards a target. Draw a dotted line to show the path the ball takes through the air.



Extension challenge: Next time you are in the playground, practise throwing a ball against a wall. How many times can you catch it without dropping it?