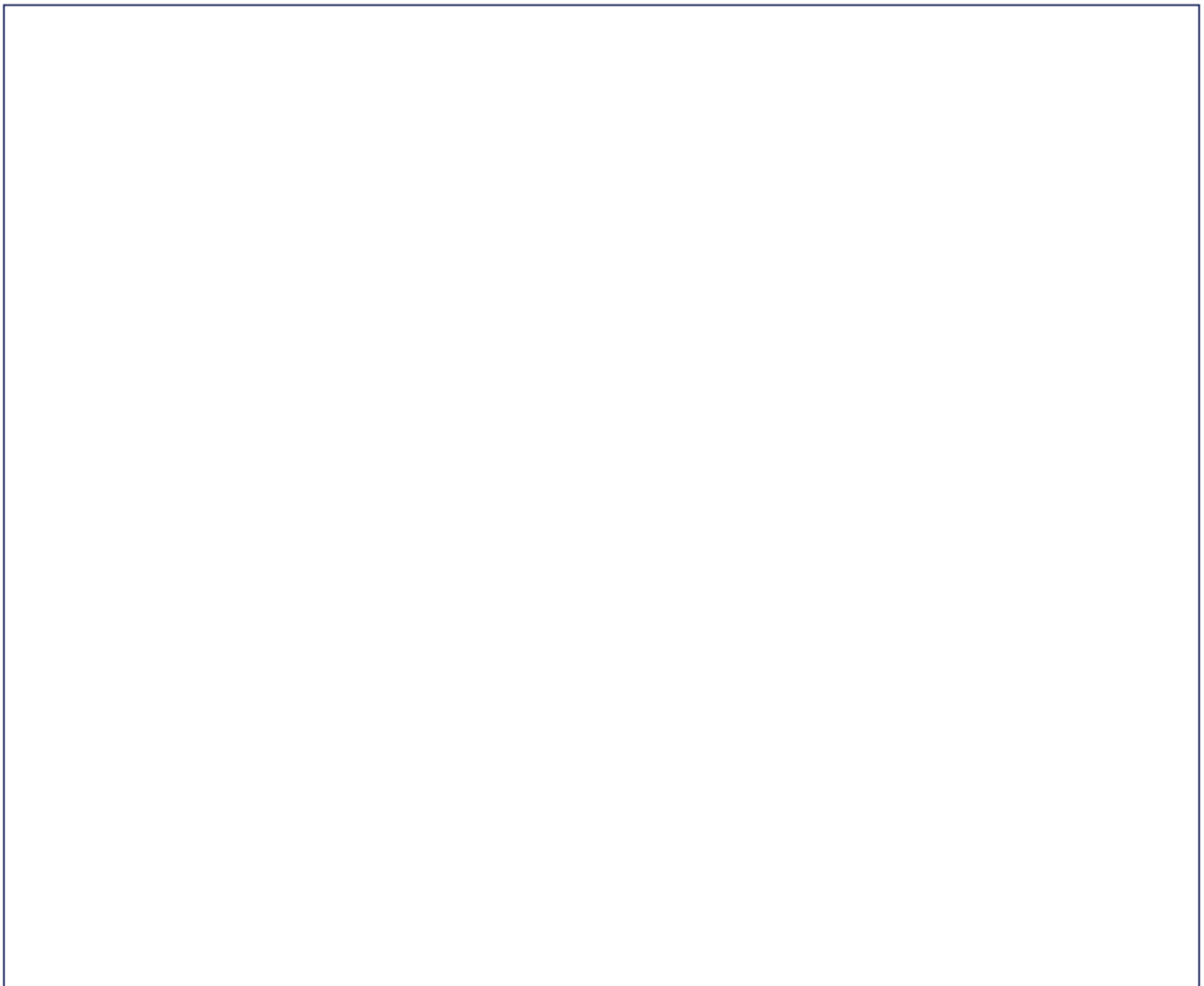


## Max's Dance Moves

*Learning objective: To identify and draw body movements used in dance.*

Max the monkey is learning a new dance. Follow the steps below to draw Max moving to the music. Use the word bank to help you label your drawing.

**Draw:** Draw a large, cheerful monkey named Max in the centre of the page. He should be wearing simple gym clothes. Max is performing a dance move. He should have his arms stretched out, one leg lifted for balance, and his body slightly twisted to look dynamic. Use clear lines and leave space around him to write your labels.



*Label words: Stretch · Twist · Balance · Leap · Posture*

### Steps:

1. Step 1: Draw Max in the centre of the box. Give him a tall, straight posture.
2. Step 2: Draw one arm reaching up high to show a stretch. Label it.
3. Step 3: Draw Max standing on one leg to show his balance. Label it.
4. Step 4: Draw Max with his hips turned to show a twist. Label it.