

Dance Moves with Max the Monkey

Learning objective: To learn and identify key movements and terms used in dance.

Read the front of the card. Think about the dance move. Look at the back of the card to check your answer. Max the Monkey loves to move!

Balance

Holding your body still in one position.

Gesture

A movement of the hand or body to show a feeling.

Pathway

The route or pattern you follow on the floor while moving.

Tempo

The speed of the music or the movement.

Unison

When everyone does the same movement at the same time.

Travel

Moving from one place in the room to another.

Leap

A big jump from one foot to the other.

Mirroring

Copying the movements of a partner exactly.

Staccato

Sharp, short, and sudden movements.

Smooth

Flowing and connected movements without sharp stops.