

Dance Discovery Word Mat with Nova

Learning objective: To learn and use key vocabulary for Year 4 dance, focusing on movement, rhythm, and space.

Key Vocabulary

Hello from Nova! Use this word mat to help you describe your dance moves. I have grouped the words so you can find them easily. Read the definitions to understand how each word works in a dance routine.

Actions Balance (staying still on one spot), T...	Space Level (high, middle, or low), Pathway ...	Performance Tempo (the speed of the musi...
1. What word me...	2. If you are stand...	3. What do we call...
4. If you move in ...		