

Year 5 Dance Assessment: Rhythm, Movement, and Expression

Learning objective: To demonstrate understanding of dance composition, spatial awareness, and the use of physical expression to communicate a theme.

Read each question carefully. Use the word bank to help you express your ideas clearly. Ensure your answers are written in full sentences where required.

Max the monkey is choreographing a dance for the forest talent show. He wants to show how the forest wakes up in the morning. He uses low levels to represent seeds sprouting, then moves to high levels as the trees grow tall. Max uses a canon effect to show the leaves fluttering in the breeze one after another, and then moves in unison with his friends to show the sun rising over the canopy.

Word bank: Unison · Canon · Levels · Dynamics · Spatial awareness · Transition · Choreography · Expression · Tempo · Formation

1. Define the term 'Unison' and explain why a choreographer might use it in a dance piece. (2 marks) (2 marks)

2. Explain the difference between 'high levels' and 'low levels' in dance. Give one example of a movement for each. (3 marks) (3 marks)

3. Max uses the technique of 'Canon' in his dance. Describe what happens during a canon sequence. (2 marks) (2 marks)

4. Why is 'spatial awareness' important when dancing in a group? (3 marks) (3 marks)

5. If you were choreographing a dance about a stormy sea, how would you change your 'dynamics' and 'tempo' compared to a dance about a calm, sunny day? (5 marks) (5 marks)

6. List three different types of formations a dance group can use to make their performance more interesting to the audience. (3 marks) (3 marks)

7. Why is a 'transition' important when moving from one dance movement to the next? (2 marks) (2 marks)

Draw: Draw a bird's-eye view (looking down from above) of a dance formation involving five dancers. Label the positions to show how they are using the space effectively.



Extension challenge: Imagine you are performing a solo dance. Write a short paragraph (5 marks) describing the costume you would wear, the music you would choose, and the main emotion you want the audience to feel. Total: /25