

Year 5 Dance Technique and Performance Flashcards

Learning objective: To understand key terminology and movement concepts used in dance composition and performance.

Use these cards to test your knowledge of dance vocabulary. You can use them with a partner or for independent revision.

What does 'Unison' mean in dance?

When two or more dancers perform the exact same movements at the same time.

Define 'Canon' in choreography.

A movement phrase performed by dancers one after another, like a ripple effect.

What are 'Dynamics' in dance?

The way a movement is performed, such as being sharp, smooth, strong, or gentle, to show energy.

Explain 'Levels' in dance.

The height of the movement in relation to the floor, including high, medium, and low levels.

What is a 'Formation'?

The specific shape or pattern that dancers make on the stage or floor space.

Define 'Transition'.

The movement or action used to get from one section of a dance or one formation to the next.

What is 'Choreography'?

The art of creating and arranging sequences of dance movements into a set routine.

What does 'Spatial Awareness' mean?

Being aware of the space around your body and knowing where you are in relation to other dancers and the stage.

Define 'Tempo' in dance.

The speed at which the music or the dance movements are performed.

What is an 'Isolation'?

Moving only one specific body part at a time, such as just your shoulder or your head, while the rest of the body stays still.

What is the role of a 'Motif'?

A short, simple movement or phrase that is repeated and developed throughout a dance piece.

Why do dancers use 'Pathways'?

To create interesting floor patterns by travelling across the stage in different directions, such as curves, zig-zags, or straight lines.