

Max's Marvelous Movement Quiz

Learning objective: To demonstrate knowledge of dance terminology, choreography, and performance skills as part of the Year 5 PE curriculum.

Max the monkey is getting ready for a dance performance! Help him solve these movement puzzles by answering the questions below. Good luck!

Answer Key: 1.C, 2.True, 3.Unison, 4.B, 5.False, 6.Dynamics, 7.Tempo, 8.A, 9.True, 10.Canon. Well done on finishing the quiz!

Word bank: Unison · Canon · Dynamics · Choreography · Level · Tempo · Staccato · Transition

1. 1. What do we call the sequence of steps and movements created for a dance? A) Acting B) Sketching C) Choreography* D) Planning (1 mark)

2. 2. True or False: 'Unison' means performing the same movement at the exact same time as your partner. (1 mark)

3. 3. If a whole group of dancers moves together at the same time, what is this called? (1 mark)

4. 4. Which of these describes the speed of the music or the movement? A) Space B) Tempo* C) Level D) Shape (1 mark)

5. 5. True or False: You can only dance at a 'high' level, you cannot dance near the floor. (1 mark)

6. 6. What term describes the 'force' or energy used in a movement, such as sharp, smooth, or heavy? (1 mark)

7. 7. If you are asked to move faster or slower, you are changing the _____ of your dance. (1 mark)

8. 8. Which of these is a way to move across the floor? A) Travelling* B) Stillness C) Balancing D) Miming (1 mark)

9. 9. True or False: A 'transition' is the movement used to get from one dance phrase to the next. (1 mark)

10. 10. What is the name for a performance where dancers perform the same movement one after another, like a ripple effect? (1 mark)

Draw: Draw Max the monkey performing a dance move at a 'low level' near the floor, showing a clear 'shape' with his arms and legs.



Extension challenge: Imagine you are choreographing a dance about a storm. Write down three words to describe the 'dynamics' (the energy) of your movements, and explain why you chose them.