

Max and Kit's Invasion Games Challenge

Learning objective: To understand the tactical principles, rules, and fundamental skills required for invasion games in PE.

Max the monkey and Kit the fox have been studying how to win at invasion games. Read the questions carefully and test your knowledge of how to move, defend, and score!

Answer Key: 1.C, 2.True, 3.True, 4.B, 5.Possession, 6.False, 7.A, 8.Communication, 9.B, 10.True.

Word bank: Attacking · Defending · Interception · Possession · Tactics · Space · Pivoting · Communication

1. 1. In an invasion game, what is the main goal of the team in possession? A) Standing still, B) Running into each other, C) Moving the ball towards the opponent's target*, D) Hiding the ball in a pocket. (1 mark)

2. 2. True or False: 'Defending' means trying to stop the other team from scoring. (1 mark)

3. 3. True or False: Finding 'space' away from defenders makes it easier for a teammate to pass to you. (1 mark)

4. 4. What is it called when you catch or take the ball from the other team while they are passing? A) Dribbling, B) Interception*, C) Scoring, D) Resting. (1 mark)

5. 5. If your team has the ball and is keeping it away from the other team, you have _____. (1 mark)

6. 6. True or False: You should always run directly towards the person who already has the ball. (1 mark)

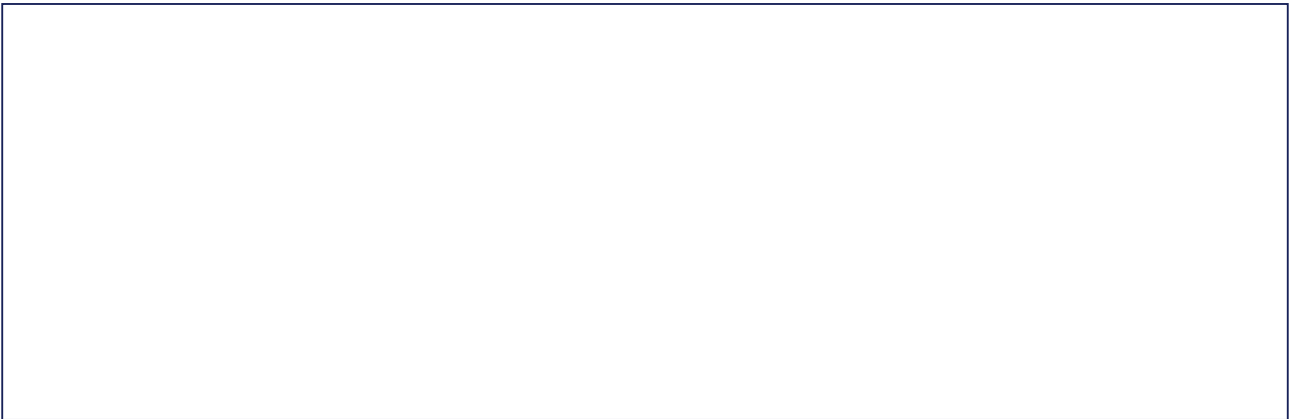
7. 7. Which of these is a good way to use tactics? A) Working as a team to create space*, B) Playing individually, C) Arguing about the rules, D) Ignoring the goal. (1 mark)

8. 8. Talking to your teammates during a game to tell them where to move is known as _____. (1 mark)

9. 9. Why is it important to keep your head up while moving with a ball? A) To count the clouds, B) To see teammates and defenders*, C) To look at your laces, D) To avoid tripping over. (1 mark)

10. 10. True or False: Invasion games require you to be aware of the positions of both your teammates and your opponents. (1 mark)

Draw: Draw a bird's-eye view of a sports pitch. Show Max the monkey passing a ball to a teammate into an empty space while two opponents are busy guarding other areas.



Extension challenge: Think of a sport you enjoy. Write down three specific rules that make it an 'invasion game' (e.g., how you score, how you move the ball, and how you defend).