

Tactical Masterclass: Net and Wall Games Record

Learning objective: To analyse tactics and movement in net and wall games to improve performance.

Use this template after your PE session to reflect on your strategic choices. Think about how you moved around the court, how you communicated with your partner, and how you managed to outwit your opponents. Use the word bank to help you describe your tactics.

Word bank: trajectory · spatial awareness · communication · rally · defensive · offensive · velocity · positioning · accuracy · coordination

1. Strategic Positioning: Explain where you stood on the court to defend your space effectively. Justify why this position helped you cover more ground. (3 marks)

2. Tactical Decision-Making: Describe an instance where you had to change your shot type (e.g., a drop shot or a power shot). Explain why you chose that specific tactic. (3 marks)

3. Communication Analysis: How did you and your partner coordinate your movements? Compare and contrast your teamwork in this game to a previous session. (2 marks)

4. Impact of Velocity: Explain how changing the speed (velocity) of your return affected your opponent's ability to reach the ball or shuttlecock. (2 marks)

5. Refining Skills: If you were to play this game again, what specific technique would you refine to increase your accuracy? Justify your choice. (3 marks)

6. Hypothetical Scenario: What might happen if the net were raised by 20 centimetres? How would this change your strategy for an offensive shot? (3 marks)

Extension challenge: Max the monkey has been observing your game! He has set you a challenge: Draw a diagram of your court area. Use arrows to show the path of your most successful shot and a 'star' to mark where you were standing when you hit it. Write a short paragraph explaining the 'physics' of why that shot was difficult for your opponent to return.