

Year 4 Assessment: Outdoor Adventure Skills

Learning objective: To assess knowledge of navigation, safety, physical coordination, and environmental responsibility during outdoor adventurous activities.

Read each question carefully. Max the monkey needs your help to solve these puzzles! Write your answers clearly in the spaces provided. Ensure you use full sentences for the longer responses.

Max the monkey is planning a trek through the forest. He needs to pack his bag correctly, use a compass to find his way, and remember the Countryside Code to ensure he protects the natural environment while he explores.

Word bank: Ordnance Survey · Compass · Stamina · Sustainability · Hazard · Hydration · Countryside Code · Navigation

1. Max finds a steep, muddy slope on his map. Identify one physical safety hazard he might encounter and explain how he could move safely across it. (2 marks)

2. Why is it essential to follow the 'Countryside Code' when visiting public parks or forests? Give two specific examples of how to leave no trace. (2 marks)

3. Max is buying equipment for his trip. He buys a map for £4.50 and a compass for £6.75. If he pays with a £20 note, how much change should he receive? (2 marks)

4. Compare and contrast the skills needed for climbing a rocky wall versus navigating through a dense woodland. Which do you believe requires more preparation? (4 marks)

5. Justify why maintaining high levels of hydration and energy is critical for a long-distance outdoor adventure. What might happen to a person's decision-making skills if they become too tired? (4 marks)

6. Explain why it is important to communicate your route to someone else before setting off on an outdoor expedition. (3 marks)

7. Creative Writing Task: Imagine you are leading an expedition with Leo the lion. Write a short journal entry (approx. 100 words) describing the route you took, one challenge you overcame using teamwork, and how you ensured the environment remained undisturbed. (5 marks)

Draw: Draw a labelled diagram of an 'Adventure Survival Kit'. Include at least four essential items that would help an explorer stay safe in the outdoors.



Extension challenge: Total: /25. Extension Challenge: Research the four cardinal points of a compass. If you were walking North and turned 90 degrees clockwise, which direction would you be facing? Explain how technology, such as GPS, has changed the way explorers navigate compared to traditional map-reading.