

Outdoor Adventures with Max and Leo

Learning objective: To understand how to prepare for an outdoor adventure and identify safe ways to move and play outside.

Read each question carefully. Use the word bank to help you answer. Write your answers in the boxes provided.

Word bank: Water · Map · Sunscreen · Boots · Warmth · Safe

1. Max is going on a hike. Name two things he should wear or carry to stay safe and comfortable. (2 marks)

2. Why is it important to drink plenty of water when you are playing outside in the sun? (2 marks)

3. Leo the lion wants to explore the woods. Why should he use a map instead of guessing the way? (2 marks)

4. If you see a sign that says 'Danger', what should you do? (1 mark)

Draw: Draw a picture of yourself and your friends getting ready for a walk in the forest. Make sure you are wearing the right clothes for the weather!



Extension challenge: Imagine you have £10 to spend on a healthy snack for your adventure. List three healthy items you could buy for your bag.