

Outdoor Adventures Quiz with Leo the Lion

Learning objective: To identify key safety practices, orienteering skills, and physical benefits of outdoor adventures.

Join Leo the Lion on his latest expedition! Read each question carefully and circle the best answer. Remember to think about safety, teamwork, and the natural world.

Answer Key: 1. B, 2. True, 3. Compass, 4. C, 5. False, 6. A, 7. True, 8. B, 9. Hydration, 10. True.

Word bank: orienteering · hydration · compass · map · stamina · summit · first aid · foliage

1. 1. Leo is planning a hike. What is the most important piece of equipment for finding his way? A) A camera B) A map C) A megaphone D) A kite (1 mark)

2. 2. True or False: You should always leave litter behind to help animals find food. (1 mark)

3. 3. What tool uses a magnetic needle to point towards North? (1 mark)

4. 4. If you are going on a long hike, what should you wear on your feet? A) Flip-flops B) Slippers C) Sturdy walking boots D) Ice skates (1 mark)

5. 5. True or False: It is safe to drink water directly from any stream or pond you find. (1 mark)

6. 6. Which of these is an example of a physical benefit of outdoor exercise? A) Improved heart health B) Learning to code C) Watching TV D) Playing a board game (1 mark)

7. 7. True or False: You should always tell a trusted adult where you are going before heading out on an adventure. (1 mark)

8. 8. What should you do if you see a sign that says 'Private Property - Do Not Enter'? A) Run through quickly B) Respect the sign and turn back C) Take a photo of it D) Climb the fence (1 mark)

9. 9. What is the word for keeping your body supplied with enough water during exercise? (1 mark)

10. 10. True or False: Checking the weather forecast is an essential part of planning an outdoor trip. (1 mark)

Draw: Draw Leo the Lion wearing a backpack and holding a map, standing in a beautiful forest clearing with trees and a winding path.



Extension challenge: Imagine you are planning a £20 budget day trip for your class. Write a list of three healthy snacks you would buy and calculate the total cost. Remember to ensure you have enough for everyone!