

Finn the Dolphin's Splashy Swimming Quiz

Learning objective: To understand swimming safety and basic techniques for Year 4 PE.

Hello! I am Finn the dolphin. I love the water! Read the questions below. Use the word bank to help you. Write your answers in the boxes provided.

Answer Key: 1. A (Lifeguard), 2. True, 3. False, 4. B (Goggles), 5. Float, 6. Warm-up, 7. Breathe, 8. True, 9. False, 10. Pool.

Word bank: Lifeguard · Float · True · False · Goggles · Pool · Warm-up · Breathe

1. 1. Who keeps us safe while we swim? A) Lifeguard*, B) A fish, C) A shopkeeper (1 mark)

2. 2. True or False: You should always listen to your swimming teacher. (1 mark)

3. 3. True or False: It is okay to run on the wet floor near the pool. (1 mark)

4. 4. What do you wear on your eyes to help you see under the water? A) A hat, B) Goggles*, C) A scarf (1 mark)

5. 5. If you are tired, what can you do to stay on top of the water? (Use the word bank) (1 mark)

6. 6. What should you do before you start swimming to get your muscles ready? (Use the word bank) (1 mark)

7. 7. When swimming, it is important to remember to _____ at the right time. (1 mark)

8. 8. True or False: You should never swim alone. (1 mark)

9. 9. True or False: You should dive into the shallow end of the water. (1 mark)

10. 10. Where do we go for our swimming lesson? (Use the word bank) (1 mark)

Draw: Draw yourself swimming in a pool. Make sure you draw your goggles too!



Extension challenge: Imagine Finn the dolphin is teaching you to swim. Write one rule you would tell a friend to keep them safe in the water.