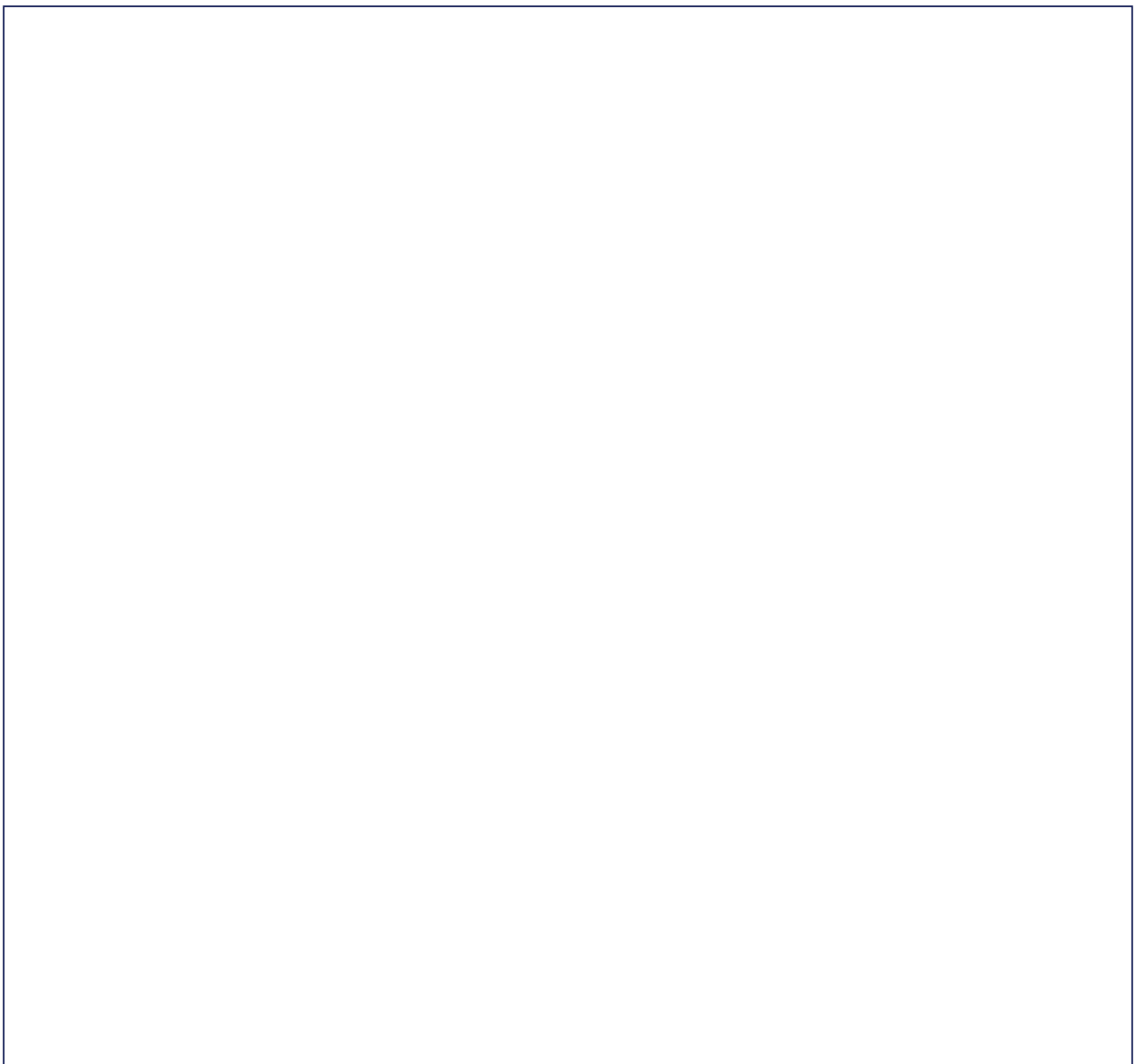


Exploring Our Feelings with Leo the Lion

Learning objective: To identify and name a range of emotions and understand that it is normal to feel different things.

Look at the picture of Leo the Lion. Think about how he is feeling in each scene. Colour in the pictures and talk to your teacher or grown-up about a time you felt the same way.

Colour this: A large, friendly-looking cartoon lion named Leo standing in the centre. Around him are four clear, circular 'thought bubbles'. In the first bubble, Leo has a big smile (happy). In the second, he has a tear and a frown (sad). In the third, he has wide eyes and an open mouth (surprised). In the fourth, he has a small, shy smile (calm). Use bold, simple black outlines that are easy for children to colour. Keep the background clean and simple with a few small flowers and a butterfly at the bottom.



Steps:

1. Label the face where Leo looks happy.
2. Label the face where Leo looks a little bit sad.