

Exploring Our Feelings with Pip and Friends

Learning objective: To help children identify, name, and express a range of feelings and emotions as part of Personal, Social, and Emotional Development (PSED).

Key Vocabulary

Use this word mat to talk about how you feel today. Grouped by category, these words help us understand our emotions and how to share them with others.

Pip the caterpillar...	If Max the monke...	What do you do t...
Can you name a t...	When you feel wo...	