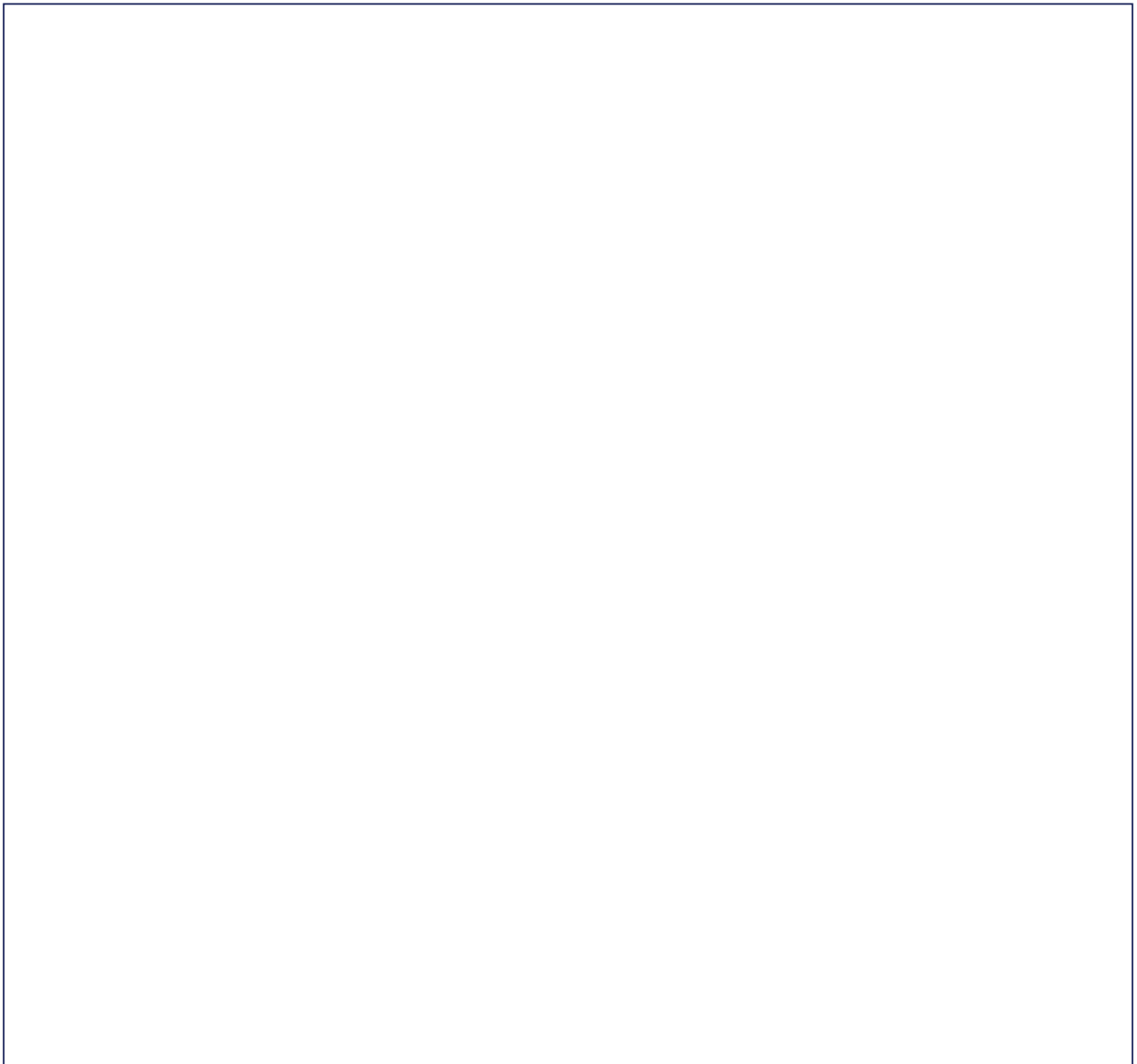


Healthy Eating with Bea the Bee

Learning objective: To identify healthy food choices and understand the importance of a balanced diet for our bodies.

Colour in the healthy foods and help Bea the Bee fill her picnic basket with yummy treats!

Colour this: A large, friendly cartoon honeybee named Bea standing in a sunlit meadow. She is holding a large woven picnic basket. Inside and around the basket, draw outlines of healthy foods: a shiny round apple, a bunch of grapes, a long crunchy carrot, and a piece of broccoli. In the background, draw a few simple flowers and a bright smiling sun. Ensure the lines are thick and clear for young children to colour within.



Steps:

1. Label the piece of fruit you have coloured red.
2. Label the vegetable that Bea is holding in her hand.