

Kindness Advent Word Mat

Learning objective: To understand and use vocabulary related to empathy, community, and positive actions during the Kindness Advent period.

Key Vocabulary

Explore these key terms to help you plan your acts of kindness. They are grouped into three categories: 'Kind Hearts' (feelings), 'Kind Actions' (what we do), and 'Community' (how we help others).

Empathy The ability to understand and shar...	Compassion A feeling of deep sympathy for...	Gratitude The quality of being thankful and ...
Supportive Providing help, encouragement,...	Inclusive Making sure everyone is included ...	Generosity The habit of giving freely without...
Considerate Thinking about the needs and f...	Volunteer To offer your time or skills to help...	Encouragement Giving someone confidenc...
Appreciation Recognising the value of som...	Cooperation Working together with others to...	Altruism Caring selflessly about the well-bei...
Respect Treating others with kindness and ...	Integrity Being honest and doing the right th...	Mindfulness Being fully present and aware o...
Max the monkey ...	Explain the differ...	Why is 'inclusive'...
If you were plann...	How can 'coopera...	