

Kit's Clever Online Safety Fact-File

Learning objective: To identify how to stay safe and happy when using tablets, computers, or devices by recognising trusted adults and keeping personal information private.

Help Kit the fox learn how to be a safe explorer online! Talk to your teacher or a grown-up at home about how you use technology. Use this fact-file to write down your safety rules. You can draw your favourite trusted adult in the box provided.

Word bank: Trusted adult · Password · Private · Screen · Help · Kind · Safe

1. My Trusted Adult: Who is one person you can always go to for help if you feel worried about something you see on a screen?

2. My Golden Rule: What is one thing we should never share with people we don't know on the internet (like our name or where we live)?

3. Kindness Online: How can you be a kind friend to others when you are playing games or talking on a computer?

4. Taking a Break: Why is it important to turn off our screens sometimes and go outside to play?

5. Asking for Help: If a screen shows something that makes you feel sad or scared, what should you do?

Extension challenge: Draw a picture of yourself and your trusted adult playing a game together away from any screens. Label your picture with one word from the word bank.