

Building Stronger Bonds: Relationships and Respect

Learning objective: To identify the characteristics of positive relationships and demonstrate how to resolve misunderstandings through empathy and effective communication.

Read each question carefully. Use your knowledge of healthy relationships to provide thoughtful, well-reasoned answers. Remember to use the vocabulary from the word bank to support your explanations.

N/A

Word bank: Empathy · Mutual respect · Conflict resolution · Active listening · Boundaries · Cooperation · Trustworthiness

1. Max the monkey is frustrated because his friend Zara the zebra wants to play a different game than him. Using the concept of 'mutual respect', explain how they could reach a compromise that keeps their friendship strong. (3 marks)

2. Define 'active listening' and explain why it is a vital tool when someone is feeling upset or hurt. (2 marks)

3. Pip the caterpillar loves sharing stories, but sometimes needs quiet time alone to read. Why are 'boundaries' important in a friendship, even when you enjoy spending time with others? (2 marks)

4. Compare and contrast a positive friendship with a relationship that feels unkind. What are two signs that a friendship is supportive and healthy? (4 marks)

5. Justify your answer: Why is 'empathy' considered the foundation of all good relationships? Give an example of how you show empathy at school. (3 marks)

6. What might happen if two friends refuse to use 'conflict resolution' strategies during a disagreement? Explain the potential impact on their bond. (3 marks)

Draw: Draw a scene featuring two of the BookFlik characters working together on a project. In your drawing, include speech bubbles that show them using kind, encouraging language to support each other.



Extension challenge: Write a short 'Friendship Charter' for your classroom. List five rules that ensure everyone feels respected, heard, and valued. Explain why you chose these specific rules and how they contribute to a positive learning environment.